



KAREN HATCHER THE PROPERTY NINJA

# HATCHER FAMILY RETREAT ITINERARY

*If you're thinking about turning your own getaway into something more intentional, here's what worked for us:*

## DAY ONE

### Arrival & Unplugging

- Unpack, stash the screens, and grocery shop.
- Meal prep so you're good to go for the remaining meals.
- Easy evening walk or hike—everyone shares a highlight from the past year.
- Family dinner and a cozy bonding night in. *My family loves Jacuzzi time to take in the sunset!*

## DAY TWO

### Dream, Create, Explore

- Yummy breakfast (*because food tastes better on vacation*).
- Morning big hike to a beautiful view for inspiration, perseverance and accomplishment.
- Lunch & Relaxing break on your own.
- Introduce Family goal setting and GRIT.
- Create Family Goals together & Rewards
- What do we want to achieve as a family this year? (Maybe more game nights, a new family project, or volunteering.)
- Each person shares a goal, talks through challenges (Resilience), and why it matters (Intention).
- We create on GRIT goal for our family with a big reward.
- Introduce Vision Boarding using our goals a guidance.
- Dinner Break
- Family Vision board session: glue, scissors, magazines, and all the imagination we could muster. Prompt: "What do you want to try, learn, or achieve this year?"
- Evening Relax

## DAY THREE

### Family Goals & More Adventure

- Morning Family Breakfast
- Tour the Town Site Visits & Activities
- After lunch, create personal goals individually using the same process from our family goals.
- 1 On 1 Check in's with each kid to ensure they're on the right path.
- Afternoon adventure—kayaking, fishing, or just relaxing - we love to check out the town

## DAY FOUR

### Pack Up & Look Ahead

- Family Breakfast Made To Go.
- Pack up and pack the car.
- Final day photos at the Cabin.
- Big Morning Hike with beautiful Views.
- Lunch on the drive home.
- Arrive home and unpack.
- Take photos of the boards and present your board and goals to the family to create buy in and a team effort.

ice cream shop!

- After Dinner, create personal individual vision boards.
- Evening Relax and movie/game fun.

- Evening check-in: each person shares their feedback from the trip, goal setting and vision boarding. Peaks & Pits and Lessons Learned.